



SAFE
SITTER®

Be a **Safe Sitter**®

- *Would you know how to rescue a choking child?*
- *What if the child got a nosebleed?*
- *Do you know how to screen babysitting jobs to decide when to accept or refuse?*
- *Would you know what to say if you had to call 911?*
- *Do you know how to change a diaper?*

Safe Sitters learn these things...and more! When you accept a babysitting job, you accept the responsibility for a child's life.

Taking a Safe Sitter® class will help prepare you to be a more responsible babysitter. And you'll HAVE FUN!

A Message to Parents

Safe Sitter® is a medically accurate program that teaches young adolescents how to handle emergencies when caring for children.

This class teaches safe and nurturing child care techniques, behavior management skills, and appropriate responses to medical emergencies. Students will be kept together in a group under instructor supervision for the entire day.

Howard Regional's Safe Sitter Classes are held from 8 am to 5 pm in Howard Regional Health System's Education Classroom in the Basement of the Main Campus, 3500 South Lafountain, Kokomo:

Upcoming classes:

October 29, 2010

November 26, 2010

December 29, 2010

April 6, 2011

Class Fee: \$50.00

Includes Safe Sitter manual, completion card and back pack.

Lunch is provided. Students may bring money for vending machine snacks and drinks.

To register or for more information, please call Pam Batey at 765-864-8747 or email pbatey@howardregional.org.